

### **OUR PHILOSOPHY**

Our program is specially designed for one to five and a half years old children. We recognize that each child is unique and special, and will develop at his or her own pace. We truly believe children can learn through having fun. We provide a nurturing environment – full of energy, imagination, creativity and playful delight. All the activities are age-appropriate and with flexibility for every child to adjust to the new 'playschool life'.

Our values include a commitment to ensuring equal opportunities – no child is excluded from any activity on the grounds of age, gender, family status, disability, colour, ethnicity, culture, religion or belief. We provide a safe and loving environment for their first learning experience.

### **PROGRAM DETAILS**

AGE: The program is from one to five and a half years old. (Children from one to two years old must be accompanied by their nanny).

Also available is an early intervention program for students with special needs. This program provides one-to-one, small group and full group intervention. The program is individualized for each student and led by a special needs specialist.

DAYS: The playschool is open from Monday to Friday, and your child may attend on any number of days according to your preference.

TIME: Our whole day program runs for seven hours per day (8:30 am to 3:30 pm). The morning program consists of four hours (8:30 am to 12:30 pm), and the afternoon program consists of three hours (12:30 pm to 3:30 pm).

# DAILY SCHEDULE

We have monthly and weekly plans with different themes throughout the year (e.g. colours, shapes, body parts, animals, transports, music, instruments, professions, nationalities, sports, food, plant growth, technology, numbers, letters and so on). Each theme is developed through a range of activities such as art and crafts, different types of games, gardening, music and dance, information technology etc.

There are certain fixed activities which maintain a structured routine for the children such as circle time, snack break, lunch time, free play time and outdoor play time. There is, however, flexibility in the schedule so it may change according to the children's interests.

Children are organized into four groups: the "Baby Bears" for the one to two year olds, the "Teddy Bears" for the two to three year olds, the "Panda Bears" for the three to four year olds and the "Polar Bears" for the four to five and a half year olds. All four groups will together share free play time, circle time and outdoor play time. Children will be separated into their groups for learning activities oriented to their specific age, needs and development.

# TIME TABLE

#### Morning program

#### 8:00-9:30 *am* – *Free play time*

Children have the opportunity to choose from a wide variety of indoor and outdoor activities. This will allow the children to explore their curiosity, creativity and their own learning environment. This also helps develop fine and gross motor skills, teach sharing and socialization with other children and teachers, and allows them to make their own choices, becoming more independent. During free play time the children will be taken one by one to their respective classrooms for the teachers to have special one-to-one time with them to discuss and work on the urrent theme.

## *9:30-9:35 am – Clean up time*

Everyone sings a song and children are encouraged to clean up and put their toys away.

### *9:35-10:00 am – Circle time*

The three groups join to form a circle while we talk about the theme of the week/month. During this time a child is chosen to go around the circle counting the rest of the children in attendance. In circle time we sing, dance, play instruments or read stories. On Tuesdays and Fridays we have "Show and Tell" in which children are encouraged to bring something from home to share with the group.

#### *10:00-10:35 am – Snack time*

Children are taken to the bathroom to use the toilet, potty and wash their hands to be ready for eating their snacks. (It is OK if your child is not potty trained yet, we will encourage them to use the potty and they will learn from the older kids). Then the children will have their snacks in the snack area.

#### 10:35-11:30 am – Classroom activities

During this time the children take part in activities like arts and craft, colouring and painting, puzzles, board-games etc., all involving the current theme.

### 11:30-12:30 – Outdoor play time

Children have the opportunity to play with a variety of toys and games, do gardening, try out obstacle courses, do sports and more. If the weather doesn't allow us to be outside we organize indoor activities.

### Afternoon program

12:30 pm -1:00 pm – Lunch time

Children must bring their own lunch, which will be eaten under supervision in the snack area.

1:00 pm -1:45pm – Library and nap time (only for children that need a nap)

#### 1:45pm - 2:30 pm – Activities time

This time we set up a wide variety of activities for the children to choose from such as board games, arts and crafts, music, dancing, gardening, learning about our yearly topics, puppet shows, Gym and cooking.

2:30pm – 2:45pm – Snack time

2:45pm – 3:30pm – Outdoor playtime

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